

Journeying With

New BEFRIENDING SERVICE

for people with sight loss

Large print 25pt

‘Somebody I could speak to about the way I was, the way I felt.’

A new befriending scheme is underway to help people adjust to sight loss . . .

JOURNEYING WITH, launched by Torch Trust, brings trained volunteers from local churches as befrienders alongside people experiencing sight loss.

Responding to local needs

JOURNEYING WITH schemes run in partnership with a local church or networks and link with local health and social care professionals, so that they reflect local needs. Torch provides training and comprehensive guidance.

Confidential support to cope with change

JOURNEYING WITH volunteers offer confidential support for a few hours each week, over six months. This may be visiting at home, accompanying to appointments, meeting out and about or a listening ear over the telephone. Volunteers help to connect clients with other local services, and offer emotional support to help clients come to terms with change. Volunteers are DBS checked and supported through ongoing supervision and training.

What you can expect from a JOURNEYING WITH volunteer

- **Confidential support for people adjusting to life with sight loss**

- **Information and links to local services**
- **Support when dealing with outside agencies and healthcare professionals**
- **Information about other services available from Torch**
- **A listening ear and Christian companionship**
- **The opportunity to discuss deeper feelings and faith**

Scheme open for referrals

JOURNEYING WITH is a free service. The scheme is open to clients over 18, who are losing sight and live in a scheme area. Referrals are welcome.

**To find out about the schemes underway
or developing, contact:**

**Torch House, Torch Way, Market
Harborough, Leicestershire. LE16 9HL.
Tel: 01858 438260; Email:
info@torchtrust.org; Web:
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