

# **journeying** *with*

New **befriending service** for people  
with sight loss

**‘Somebody I could speak to about the way  
I was, the way I felt.’**

A new befriending scheme is underway to help people  
adjust to sight loss...

*Journeying With*, launched by Torch Trust, brings trained  
volunteers from local churches as befrienders alongside  
people experiencing sight loss.

## **Responding to local needs**

*Journeying With* schemes run in partnership with a local  
church or networks and link with local health and social  
care professionals, so that they reflect local needs.  
Torch provides training and comprehensive guidance.

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Registered Charity number: 1095904

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## Confidential support to cope with change

*Journeying With* volunteers offer confidential support for a few hours each week, over six months. This may be visiting at home, accompanying to appointments, meeting out and about or a listening ear over the telephone. Volunteers help to connect clients with other local services, and offer emotional support to help clients come to terms with change. Volunteers are DBS checked and supported through ongoing supervision and training.

## What you can expect from a *Journeying With* volunteer

- Confidential support for people adjusting to life with sight loss
- Information and links to local services
- Support when dealing with outside agencies and healthcare professionals
- Information about other services available from Torch
- A listening ear and Christian companionship
- The opportunity to discuss deeper feelings

## Scheme open for referrals

*Journeying With* is a free service. The scheme is open to clients over 18, who are losing sight and live in a scheme area. Referrals are welcome.

To find out about the schemes underway or developing, contact: