

Journeying With Christian befriending for people with sight loss

Large print 25pt

‘She’s been a real friend. Somebody I could speak to about the way I was, the way I felt.’

Journeying With – a listening ear for you

If you are experiencing sight loss, JOURNEYING WITH may be for you. This free service, launched by Torch Trust, brings volunteers from local churches as befrienders alongside people who are adjusting to sight loss.

A team you can trust

JOURNEYING WITH volunteers are Christians from local churches who are committed to supporting anyone who is adjusting to sight loss. Volunteers are fully trained, checked, and supported

through ongoing supervision and training.

‘Her coming through the door and ‘shining’ . . . Just coming to the door – that means a lot because I don’t have many people coming here at all. I’m so lonely, very lonely.’

Confidential support as you adjust to life with sight loss

A JOURNEYING WITH volunteer will give you the opportunity to discuss your feelings and offer practical, confidential support as you adjust to life with sight loss. They can visit you at home, meet out and about, or be a listening ear over the telephone. The volunteer will support you for a few hours each week, over six months, to help rebuild confidence and support your longer-term independence. They’ll be

as flexible as possible to meet your needs, and ready to pray and support you on your faith journey if you choose.

What you can expect from a JOURNEYING WITH volunteer

- **Confidential emotional support**
- **Christian companionship on your sight-loss journey**
- **Information and support to help you make decisions**
- **Links to local services**
- **Information about the resources and services available from Torch**
- **Support when dealing with agencies and healthcare professionals**

- **A listening ear and a fresh Christian perspective**

Who can benefit?

The scheme is open to clients over 18, who are losing sight and live in a scheme area. If you would like a JOURNEYING WITH volunteer, do get in touch.

More schemes are being set up over time, so do get in touch even if you live outside a current project area. Your local scheme will aim to match you with a volunteer as soon as possible, though this will depend upon the availability of volunteers, and will keep in touch with you throughout the process.

About Torch

Torch Trust provides Christian services and support for people with vision impairment, including residential holidays, friendship groups, accessible resources and a radio programme on faith and disability. Torch also works with churches to ensure good local support for people with sight loss, such as JOURNEYING WITH befriending.

To find out more or book . . .

If you would like to know more about having a JOURNEYING WITH befriender, please get in touch. You can contact us directly using the details below, or ask someone you trust to contact us on your behalf.

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**Torch Trust is a partner in Churches for
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